# Safeguarding adults

## during the Coronavirus outbreak



Here are some things to think about if you are offered, or need, support during this time.

We want to make sure that the most vulnerable people are safe during the current situation.

## Use existing and trusted community groups.



If not, could a family member, friend or neighbour who you know and trust help?

#### Not sure? Don't answer the door.



If you're not sure about an offer of help, ask the person to leave details and talk to someone you trust about it.

### You can reach the First Contact Team



Call 01382 434019 if you need support or you feel unsafe. In an emergency, call 999.

If you are worried about a child, call 01382 307999